

## Reflective Writing

This activity accompanies chapter 6 from *Up From Slavery* by Booker T. Washington, record number 4883.

**Activity Title:** Reflective Writing

**Description:** The students will write about something that took place in the past (3-5 years ago), or the students will write about what they wish to be doing in five years in the future.

**Subject:** Reading/Language Arts

**Skill:** Reflective Writing

**Behavioral Objective:**

- The student will write a reflection (text-to-self).

**Materials:**

- *Up From Slavery*, chapter 6, available in audio and print form at <http://etc.usf.edu/lit2go/>
- Pencil and paper

**Procedures:**

Read the sixth chapter of the book with the students, or have them read it on their own. In the sixth chapter of *Up From Slavery*, Washington reflects on his journey back to Hampton, from West Virginia. He takes this trip 5 years after his first journey to Hampton.

Have your students reflect on a major event that took place in their lives 5 years in the past (or 3 if they cannot think of anything significant). You could also have them write about what they wish to be doing 5 years into the future (setting goals). Have the students share their thoughts in a small group setting or a class discussion.

