



# Dance

## Skills and Techniques

### Standard 1:

The student identifies and demonstrates movement elements in performing dance. (DA.A.1.1)

1. knows basic nonlocomotor/axial movements (e.g., bend, twist, and swing).
2. knows simple locomotor movements (e.g., walk, run, hop, jump, and leap) and compound locomotor movements (e.g., gallop, slide, and leap).
3. performs movement with kinesthetic awareness (i.e., how the body moves) and concentration at high, middle, and low levels in space.
4. moves to various sounds, including rhythmic accompaniment, and responds to changes in tempo.
5. moves following straight and curved pathways.

### Standard 2:

The student understands choreographic principles, processes, and structures. (DA.A.2.1)

1. creates a series of movements with a beginning, middle, and end.
2. uses improvisation to explore and create movement ideas (e.g., walk across the room, stop two times, and change level once).
3. creates movement patterns alone, with partners, and with groups.

## Creation and Communication

### Standard 1:

The student understands dance is a way to create meaning. (DA.B.1.1)

1. understands how gestures and movement communicate meaning.
2. creates a movement phrase that communicates feelings.

## Cultural and Historical Connections

### Standard 1:

The student demonstrates and understands dance in various cultures and historical periods. (DA.C.1.1)

1. understands how dance expresses and embodies elements of a culture.
2. explores movement in response to the sounds and music that reflect a specific culture.
3. knows the similarities and differences that exist between dance patterns of various cultures.

## Aesthetic and Critical Analysis

### Standard 1:

The student applies and demonstrates critical and creative thinking skills in dance. (DA.D.1.1)

1. finds multiple solutions to given movement problems.
2. understands that dance is sequential with a beginning, middle, and end.
3. understands that critical analysis of dance performances are based on personal opinion.
4. knows a simple descriptive vocabulary of movement.

## Applications to Life

### Standard 1:

The student makes connections between dance and healthful living. (DA.E.1.1)

1. knows how daily dance practice improves strength, coordination, and flexibility.
2. understands how healthy living practices (e.g., proper nutrition, adequate sleep, and daily exercise) contribute to enhanced dance movement abilities.

### Standard 2:

The student makes connections between dance and other disciplines. (DA.E.2.1)

1. knows how to express a visual image through movement (e.g., move like a cat, an ocean wave, or a cloud).